



Membership for those covered by Health First Health Plans	Enrollment fee	Monthly fee
Employee and dependents (age 13 years and older)	None	None

Discounts for those <i>not</i> covered by Health First Health Plans	Enrollment fee	Monthly fee
<i>(If employee is covered by HFHP and dependents are not)</i>		
1 st dependent (age 13 years and older)	\$25	\$20
Additional dependent(s) (age 13 years and older)	\$25	\$12

Kidfit childcare for those covered and <i>not</i> covered by HFHP	Enrollment fee	Monthly fee
<i>(Childcare for dependents covered and not covered by HFHP)</i>		
1 st dependent (under 13 years of age)	None	\$20
Additional dependent(s) (under 13 years of age)	None	\$12

How to get started

- **This Pro-Health membership benefit is part of all *fully-insured* HFHP group coverage as of January 1, 2008.** Pro-Health membership may not be included for those covered by *self-insured* plans — check with your benefits administrator or HFHP customer service for details.
- **Once you receive your HFHP member ID card, present it with your driver's license to the front desk staff** at any Pro-Health location, and we'll give you any forms you need to start your fitness center membership.
- **If you have any medical conditions or are 60 years of age or older,** you must have a Pro-Health Physician Referral form completed and signed by your doctor.
- **If you're already a member of Pro-Health, you must contact the fitness center to update your records** and adjust your payment to reflect your free or discounted membership. *The new rate will be effective the first day of the month after you have completed the paperwork at Pro-Health, regardless of when you're eligible for this free or discounted rate. Pro-Health cannot issue any credits or refunds.*

Limitations

- Pro-Health rates listed here apply only to employees enrolled in Health First Health Plans, and their families.
- If the second family member puts his or her membership on hold, the third family member then becomes the second family member and will be charged accordingly.

Pro-Health locations

Merritt Island — 255 Borman Drive (Health First Healthplex)	321.434.5801
Melbourne — 611 East Sheridan Road	321.434.7149
Palm Bay — 5270 Babcock Street NE	321.722.5943
Viera — 8705 North Wickham Road (Viera Health Park)	321.434.9149